Provident Living Project (PLP) Report – Media Management and Charity

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Class: FDREL 200, Section: 04

# General Instructions

Save this template on your computer and make a copy for each of your PLP’s, with a filename something like ‘Jon Doe PLP-1’**. The work for the entire PLP should be included in this one document but the document is** ***uploaded three times***, at each PLP assignment deadline (Plan, Progress, or Report). Follow the calendar and instructions in your course for submitting each assignment on time, in the appropriate Assignment folder.

# Project Plan

Read the instructions in your course *for the specific PLP* you have chosen and follow them with exactness. In this space you will write down your plan according to the instructions for that PLP option. **(1 Page)**

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| --- | --- |
| Media Management | Scripture Study |
| I know that I have a lot of bad pages in my Instagram. My plan is to delete or unfollow all the pages which posts bad languages, jokes, and pictures.  I will bookmark Church’s Addiction Recovery program in my website and will try to visit at least once a day.  I will try to stop habit of listening music every time. I will try to listen music only while I am cooking.  I will try to listen scripture audio if I really want to listen something.  I will not postpone my emails.  I do delay in everything. Even when some emails are important to write in time. I will try to email as soon as can if I have to write email to someone.  I will try to listen to hymn at least once a day. My plan is to listen hymn in the morning after I get up from bed and listen hymn before I go to bed. | (Everyone in the class may not have the same level of understanding of the scripture. Some people may have not even read old testament and old testament. I am one of those who have not read any other book other than BOM and another which is my favorite book as well as the only non-LDS book I have read.)  Finish all old testament and try to reach some of new testament.   For this I am going to use dramatized audio files as well as some video resources for more clarification.  Some study skills that I will use will be:::::::::::  Making a timetable so I can understand whose son is whom and where everyone is going, and what time is the event happing.  Visualization: Putting myself in the scenario and the sentences and speech.  Noting: Noting the important event in different books and chapter. |
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# Midway Progress Report

In this space you’ll give us an update of your progress towards your goals. Be sure to refer to the instructions *for the specific PLP* you have selected and ***answer all the questions*** given for the Midway Progress Report. **(1-2 pages)**

**Media Management**

I didn’t use a lot of Instagram these past two weeks. I never had time to read posts on Instagram. I read couple of posts on fakebook, but my total social media consumption was very minimum. I think most of the time I go to social media to read news, but currently I have moved to google news which displays all the new that I am interested in my display lock screen and notification. That has tremendously decreased my social media consumption. While my Instagram and Facebook use has gone down, uses of YouTube has been same. I don’t see YouTube as a very waste of time unless I am watching movies and just wasting my time. A lot has to do with my schedule. I had a very tight schedule this past two weeks. Stem fair in BYU and career fair in BYUI made me as much as bust I could be.

I didn’t follow any church addition program as I mentioned I will. But I felt like I had an addiction to some stuff just because I had time to do so. When I started having less and less time, I started avoiding all the activities that I used to think a waste of time.

Coming to the time that I used to waste listening songs has decreased too. Sometimes I just can’t stop going and going but I am trying to minimize it. I think it had a lot to do with stress too. But, since I had started watching scripture videos and general conference audio, stress level has decreased tremendously.

Postponing my emails- This has got a lot better. I regularly check my emails and respond to any email as soon as possible if I had to.

Listening to hymn has been successful but not as much as I planned. I listen to the hymn at least once a day. But I have failed to listen it when I go to bed and when I wake up as mentioned in my planning phase. I just changed my alarm ringtone to hymn so I can at least listen to hymn when I wake up.

**Scripture Study**

Finish all old testament and try to reach some of the new testament:  
 My plan to read all the bible was crazy. It was insane especially when I a busy so much that sometimes I don’t have even time to make food at home. So, I have changed this target from reading bible to watching bible. I don’t think I will get much success when I have a whole lot of things to do. Maybe if I was on mission and this was my only job then it should not be that difficult. But, with all the school tons of credit and final semester in school; these all things are taking my life.

I haven’t read anything in these two weeks but when I watch video I will try to keep myself in the scenario and make a time table of print it from somewhere for better understanding of the bible.

Maybe I haven’t watched the bible or read it. But I have been successful in watching general conference videos. Those have been working as my real motivation for these past weeks. I have felt healing in myself, psychologically and spiritually. I have got the strength to tolerate the hardship that I am going through in my life, I feel like I have a change in my testimony. I feel positivity in my life. Overall watching conference videos has awakened my spirit and love towards my savior Jesus Christ.

# Final Report

In this space, you’ll give the final write up on your experience working on your PLP goals over the last four weeks. Be sure to refer to the instructions *for the specific PLP* you have selected and ***answer all the questions*** given for the Final Report.  **(1-2 pages)**

**Media Management:**

1. I think Media Management is necessary for our life because of new technology we are not only going far from our friends and family, but we are going far away from ourselves and God. We don’t appreciate what God has created for, we don’t appreciate all the resources that God has created for us so we can use our ability to learn to make something better for humans.
2. I don’t know if I was successful or unsuccessful in this project. I for sure spent less time on my phone than in previous semester but I don’t know if that was because I was busy or because I was really trying myself to limit the use of technology. The most difficult part of technology management is that we are so much dependent on it that we cannot spend a single day without internet. Not only my homework, but some of my classes also require a phone or laptop for an in-class quiz and using phone as calculator is common for me in home and classes. It is very portable powerful computer in your hand. I think instead of totally avoiding it we should explore the better use of it.
3. Media is an addiction. If you start today and do like an hour, it will not be surprising that by the end of the month you will be spending half of the entire day on phone, especially when you are in a long-distance relationship.
4. Median management for sure makes your bonding with God and family stronger. We can get a lot of good things and bad things from today’s technology. But what we need is the filter; nobody is watching and judging us on what we do and what we watch in technology. When we got baptized we have promised that we won’t read and watch any vulgar stuff that breaks the law given by God. And I think media is very against in influencing people to do bad stuff. So, Before it controls us we need to control it.

**Scripture Study**

1. Continue scripture study is the way to keep our obedience towards God and a way to keep our spirituality keeps burning in us. It helps us to fortify our righteousness from outside evil influence.
2. I completely failed in this project. I failed it because I was too busy. With a lot of classes and lot of things going on it gets very difficult to make time for scripture study. I will be happy if I can get a good time to sleep. I have to wait Sunday to get a good sleep. And whole Sunday I basically spend with my roommates and FHE sisters. We don share and watch church video but that’s all for my scripture study.
3. I can’t really say a lot about it because I didn’t complete the project successfully.
4. Scripture study happens a lot when you are dating. I have seen people changing rapidly when they start dating. Maybe I will do the same way, haha. But I know I should read my scripture at least once a week, and I totally accept that I am failing myself.